# FMGLESSON SUMMER 2010

Welcome to the ninth edition of our Patient Newsletter. We are committed to publishing one every quarter to improve communications with our patients. We have past editions of all newsletters on display in our main waiting area as some of the content may still be of use to patients.

We are **closed** for TARGET **from 12 noon** on the following dates: Tuesday 6<sup>th</sup> July and Tuesday 7<sup>th</sup> September Please remember that we are **closed every Wednesday** between 12.30pm & 1.30pm.

Bank Holiday closures: Monday 30th August

## Emergeney Contact

Our staff have recently attended a basic life support training session and some interesting information came from this which we would like to share with anyone who owns a **mobile telephone:** 

Did you know to add '**ICE**' as a title in your telephone address book together with 1 or 2 emergency contact numbers? This stands for 'In Case of Emergency' and if you were to have an accident or fall ill whilst on your own members of the Emergency Services will look first for ICE in your telephone address book to try and obtain a person you would wish to be contacted.

Did you also know that if you require the Emergency Services you may ring '112' on your mobile telephone instead of 999?

112 will connect you to the emergency services via the mobile phone network and when done this way they are able to track your exact location through the mobile telephone satellite system. This would be very useful for anyone who did not know their exact location or who was too ill (e.g. having a heart attack) to speak in length on the phone.

### Our New Website

We have recently completed a major overhaul of the practice website. If you have any ideas on how we can make further improvements please let us know by completing one of our patient suggestion forms which are on display in the main waiting area. Please take a look by visiting **www.fountainmedical.co.uk** 

## Summary Gare Record

The NHS in England is introducing the NHS Care Records Service (NHS CRS). This is to improve the safety and quality of your care. Recently all patients in Leeds were sent an information pack on the introduction of the service.

What is the NHS Care Records Service? The NHS Care Records Service is a secure service that links patient information from different parts of the NHS electronically so that health-care staff and patients, have it when they need it to make care decisions.

How will the NHS Care Records Service work? At the moment, a lot of information is kept within one NHS organisation and not easily available anywhere else. With the new system, people who are treating you will be able to access those parts of your records that they are allowed to see whenever they need it to provide you with care. You can choose what information is available to those treating you and if the clinician can view your record.

Why do we need the NHS Care Records Service? The NHS Care Records Service will improve the safety and quality of patient care and give patients more control over who sees their records and the ability to view their records. Health care staff will be able to get a more complete picture of your health care and will have quicker access to your records so they can provide more effective care.

By law everyone working for or on behalf of the NHS must respect the confidentiality of your information and the Care Records Service will use the strongest international security measures to protect your record. The service is not compulsory and you can opt out of having your information on the system.

## Free-sight-tests

If you, or anyone you know, is unable to go out unaccompanied and is in receipt of certain benefits, then you may be entitled to a free NHS Sight Test in the comfort of your own home. Telephone the NHS helpline for advice regarding if you qualify for this service on **0800 0304 082** 

#### Staff News

Good luck to Dr Ali Best who has undertaken to raise a minimum of £2100.00 for the nation's heart charity (BHF) by trekking for 68.5km through Iceland in July. She is obtaining sponsorship from her family and friends, staff at the Practice are holding fundraising events and if patients would like to contribute to her fundraising efforts any donation however small will be gratefully received at the reception desk. We have two new GPs starting at the practice in August, and we bid a fond farewell to Dr Owen who leaves us in May.

Watch out for our Autumn edition in September 2010!