

# FMG NEWS - Autumn 2012

We are closed for TARGET from 12 noon on the following dates:  
Thursday 20<sup>th</sup> September, Thursday 18<sup>th</sup> October, and  
Thursday 15<sup>th</sup> November. No closure in December.

Please remember that we are closed every Wednesday between 12.30pm & 1.30pm.

## Patient Reference Group

**Patients, Carers and Staff working together to  
develop and improve the practice**

Our last Patient Reference Group (PRG) meeting was held at the practice on 18<sup>th</sup> June. The next one is scheduled for the 17<sup>th</sup> September. Meeting minutes and information regarding our PRG are displayed in the waiting area and on our website.

*We said:* Dr Ledger is reducing the number of appointments he has available from July – how should we promote this to patients?

*PRG members said:* Produce a patient information sheet advising why this is happening and include details of all GPs and their clinical specialities. **A special edition patient newsletter has now been produced and is available from our waiting area or website.**

*You said:* You had noticed that people were using our car park in the afternoons to wait and collect schoolchildren which was taking up valuable parking spaces.

*We did:* Discuss this with the PRG members in June. **We have spoken to the local school, included an article in this newsletter and will place new signage in the car park.**

*You said:* Promote your Minor Illness Clinics more.

*We did:* Notices are in place around the practice and **we have included an article in this newsletter.** We will be looking at including more information on our website shortly.

*You said:* It would be helpful to display out of hours contact number etc. OUTSIDE of the building.

*We did:* These are now in place on the notice board outside the main entrance.

## Staff News

Dr. Bryony Mathew is presently on maternity leave. We welcome Dr Nick Hall who is providing cover during her absence.

# Meet our Nurse Practitioner



Advanced Nurse Practitioner, **Sally Wilson** has worked at the practice for over 8 years. She has undergone training to develop her skills and knowledge at an advanced level. Her role involves an extended nursing service which incorporates some aspects of care previously provided by doctors. These include physical examination and treating a full range of health problems and diseases.

Sally has worked in general practice for 19 years; she trained at Leeds General Infirmary as well as the Whittington Hospital in London. Previously she worked as a District Nursing Sister for Camden and Islington Health Authority.

Sally can diagnose most common illnesses and give advice on treatments. She can issue prescriptions, refer for specialist treatment to hospital or community care, provide on going treatment and support for current illness including chronic diseases and review patients with epilepsy. Promoting health and education are part of her role in general practice including healthy living and prevention of illness.

Her other interests are family planning, women's health as well as fitting and removing Nexplanon contraceptive device, reviewing patients taking hormone replacement therapy, cervical smear tests and post natal 6 weekly checks.

## Minor Illness Service

**Did you know that you do not always need to see a GP if you are suffering with a minor illness?**

**If you think you have any of the following** - Coughs or chest infections / Earache / Sore throat / Childhood illness or temperature / Rashes (including eczema) / Cystitis (urine infection) / Sore eyes or conjunctivitis / Vaginal infections / Require the 'morning after pill' / Sprains & minor lacerations / Bites or stings - **our Senior Nurses are happy to see you.**

They will be able to provide prescriptions for any of the above conditions where appropriate or refer you to a GP if they feel it is necessary.

Where appropriate our receptionists may direct you towards these appointments

## The FMC Car Park

We have a very busy car park with a limited number of parking spaces available so would like to remind visitors to our building of the following:

- All vehicles are parked at the owners risk
- 5 mile speed restriction in place
- Use designated car parking bays only
- No parking in designated GP / staff bays or on yellow lined areas
- Spaces are for the use of **patients attending appointments in our building** only
- Leave designated disabled parking bays for our visitors who need them

Thank you.

**Watch out for our Winter edition in December 2012!**