

FMC NEWS - Winter 2016

We are closed for TARGET
(Time for Audit Review
Guidelines Education and Training)
from 12 noon on:
Thursday 1st December,
Thursday 19th January,
Thursday 9th February.

Bank Holiday Closures

Monday 26th December,
Tuesday 27th December,
Monday 2nd January

When the surgery is closed:
If you require urgent medical
assistance which cannot wait
until the surgery re-opens,
please telephone the
Freephone NHS 111
number.

If you have a life threatening medical emergency when the surgery is closed, please telephone 999! In the event of an urgent prescription collection please contact Lloyds Pharmacy staff who will be able to offer advice.

Please keep us up to date with your current home and mobile phone numbers and email address. Change of details forms are available from the practice or this can be easily done on our website.

Having trouble getting through to us on the phone? Why not register for on-line access? You can book GP appointments, renew prescriptions and view aspects of your health records. For further information visit our website or ask at reception.

Please remember to phone us after 1pm for test results.

Patient Reference Group (PRG)

Patients, Carers and Staff working together to develop and improve the practice

The last PRG meeting was held at the practice on 29th November 2016. The next meeting will take place in February 2017. Meeting minutes and information regarding our PRG are displayed in the waiting area and on our website. We thank our Patient Reference Group members for their continued support.

We are constantly reviewing our members to ensure the group is representative of the practice population. If any mums or dads of babies/young children are interested in sharing ideas and helping us to make improvements at the practice we would love to have you. Involvement can be to attend group meetings (quarterly at the practice) or to be part of a virtual panel (receiving emails). Invitation forms are available on our website or from reception.

Practice News

Welcome to Vicki Gill who joined our administration team in October.

We said goodbye to Dr Bryony Mathew who left us for pastures new in November.

The practice had their first Care Quality Commission (CQC) inspection on 20th October. We are very pleased to say that our overall Quality Rating is GOOD. Details are on display in our waiting area and are also available to view on the CQC website (www.cqc.org.uk – search The Dekeyser Group Practice) and our practice website.

Fountain Medical Centre, Little Fountain Street, Morley, Leeds LS27 9EN
Tel: 0113 2951600 Fax: 0113 2951660 Website: www.fountainmedical.co.uk
No response/information only Twitter @FountainMed

Cancer Stories

A recent suggestion from our Patient Reference Group was to include some patient stories of their experience with cancer in our regular newsletter articles. Many thanks to one of the group members for sharing his experience:

“In August 2010 I caught a cold, which caused my glands to swell. It probably saved my life. When the cold cleared up, the right side of my neck still looked slightly swollen. So slight, I worried I might be imagining it. I consulted my GP, apologizing for such time wasting. The doctor referred me to hospital, for a CT scan. ‘It is serious,’ said the consultant, ‘Squamous Cell Carcinoma – a type of skin cancer.’ The swelling in your neck is secondary. It has spread from somewhere. ‘What happens next?’ I asked. ‘More scans,’ said the consultant, ‘to search for the primary cancer.’ Exploratory surgery under anaesthetic, followed – still no primary. In October, the surgeon spent six hours removing a tumour, the size of a chicken breast, from my neck. The surgery was successful, but to have the best chance of destroying the elusive primary, I had thirty radiotherapy sessions, blanket bombing my head and neck in January 2011. My taste buds and saliva glands stopped working and I was fed liquid through a nasogastric tube for weeks. These and other unpleasant side effects gradually disappeared over 2 years. Now cancer free for 6 years, I am back to 98% fitness, and, despite restricted in movement of my right shoulder, at 71, I can still drive a golf ball as badly as I ever did”.

Leaflets on many types of cancer are available from the carousel unit in our practice waiting area

Our practice is actively working to increase the early diagnosis of cancer in patients

If you are worried that you may have cancer symptoms please talk to the doctor/nurse about it

Emergency food for people in crisis

Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple box of food makes a big difference, with foodbanks helping prevent crime, housing loss, family breakdown and mental health problems.

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

For further information visit: leedssouthandeastfoodbank.org.uk



This practice is now registered with the Foodbank and able to issue vouchers to patients in need.

Domestic violence and abuse



Help and support for you or someone you know

Leeds Domestic Violence 24 hour helpline - 0113 246 0401

National Domestic Violence Helpline - 0808 2000 247

National Men's Advice Line - 0808 801 0327

Watch out for our Spring edition in March!