

FMC NEWS

Spring 2013

We are committed to publishing a newsletter every quarter to improve communications with our patients. Some of the most recent editions are on display in our main waiting area and on the practice website as the content may still be of use to patients.

We are **closed** for TARGET from 12 noon on the following dates:

Thursday 21st March, Thursday 18th April, Thursday 2nd May.

Please remember that we are **closed every** Wednesday between 12.30pm & 1.30pm.

Bank Holiday Closures

Friday 29th March, Monday 1st April, Monday 6th May
and Monday 27th May

Patient Reference Group

Patient Reference Group (PRG) meetings have been held at the practice on 3rd December 2012 and 11th February 2013.

Meeting minutes and information regarding our PRG are displayed in the waiting area and on our website.

PRG members said: Could we have clearer information regarding what services are offered by our local Minor Injuries Unit?

We did: A new Patient Information Sheet is now in place for the St George's Centre. Details are available on our website or from our reception desk.

PRG members said: Could we have a clock in the first floor waiting area?

We did: One will be in place shortly.

PRG members said: Could ALL visitor toilets in the building (not just the disabled one) be fitted with emergency pull cords?

We did: These will be fitted shortly.

We did: Ask the group to review the content of our annual patient survey form.

PRG members did: Review and agree the content prior to it being circulated in January.

PRG member said: Could you display a notice on the entrance door when you are closed for TARGET advising patients what to do if they require an emergency prescription?

We did: Produce a notice which now goes on display when we are closed.

We did: Ask the group to review the PRG Terms of Reference document, Patient Involvement Action Plan, Local Patient Participation annual Report and the results of the GP Practice Patient Survey 2013.

PRG members did: Discuss the above mentioned items. Details are documented in the 11th February meeting minutes which together with the survey results are displayed in our waiting area and on our website.

Visit our website www.fountainmedical.co.uk for further information

Watch It!

Watch it is a community based award winning weight management programme for children and young people from 5 – 18 years of age.

Devised by leading health professionals, Watch It looks at getting active, eating healthily and staying happy. They are supported by children's psychologists and nutritionists.

For further information visit website: www.leedscommunityhealthcare.nhs.uk/watchit/ contact them on 0113 305 9679 or pick up a leaflet from our waiting area.

Feeling bloated could be a sign of ovarian cancer

Finding it early makes it more treatable. If you feel bloated, most days, for 3 weeks or more, book an appointment with your doctor today.

Any of the following could be a sign of ovarian cancer – unexplained bloating / feeling full quickly or loss of appetite / pelvic or stomach pain / needing to pee urgently or more frequently than usual.

For further details visit: www.nhs.uk/persistentbloating

Your guide to the importance of cervical screening

Smear tests or cervical screening as you might often hear it referred to by your nurse or doctor, is the term used to describe the way in which we check for any abnormal cells in your cervix (which is the neck of your womb). This test is vitally important because regular tests can significantly reduce your chance of getting cervical cancer. The test is offered to all women aged between 25 and 64.

For further information pick up a leaflet from our waiting area or visit www.mysmeartest.co.uk

Local health and wellbeing service guide for Leeds

A one-stop website for wellbeing services in Leeds as been launched recently by the NHS and Leeds City Council. It contains information on a wide range of topics including health issues, council services and money advice.

For more information visit: www.wellbeingleeds.com

Leeds West Clinical Commissioning Group Update

Leeds West Clinical Commissioning Group is dedicated to supporting the health of local people. From April 2013, they will become a statutory NHS organization responsible for local health budgets, ensuring that they plan and fund high quality healthcare to those living in our area. They will work closely with local people and local practices to ensure they have the information, services and support needed to take control of health and wellbeing. Visit their website for further information: www.leedswestccg.nhs.uk

Leeds West CCG Want to hear from you!

The CCG are committed to listening to and understanding the patient voice.

If you have a query or comment about local health services, or want to let them know about a recent health-care experience please email: leedsproviderquery@nhs.net

Practice News

We are delighted to announce that Dr Nick Hall has accepted a permanent GP role at the practice with effect from 1st April.

For safety reasons we have installed new railings on the small wall by our entrance door.

The size of our first floor waiting area has been increased for the comfort of our patients.

For our younger visitors the Play Area will be refurbished shortly.



Watch out for our Summer edition in June 2013!